



Jahresplanung RG TV Thun 2021 national (G3/G4)

	August	September	Oktober	November	Dezember	Januar	Februar	März	April	Mai	Juni	Juli
1	Ferien	1 Training	1	1 Training	1 Training	1 Neujahr	1 Training	1 Training	1	1 2.Quali Senior / P4, P5, P6, G1, G3, G4	1	1
2		2	2	2	2	2 Berchtoldstag	2	2	2 Karfreitag	2 Genf	2 Gruppentraining	2
3		3 Training	3	3 Training	3 Training	3	3 Training	3 Training	3 Karsamstag	3 Training	3	3 Sommerferien
4	4		4	4	4	4	4	4	4 Ostern	4	4 Training	4
5	5		5	5 Training	5	5	5 Training	5 Training	5 Ostermontag	5 Training	5 SM	5
6		6 Training	6	6	6 Training	6	6 Training P1/P2 Natascha & Julia	6 Training P3-P6 Ladina & Patricia	6	6	6 Genf	6
7		7	7	7	7	7	7	7	7 Training	7 Training	7 Training	7
8		8 Training	8	8 Training	8 Training	8 Zusatz Training Gotthelfhalle Thun	8 Training	8 Training	8	8 Training P1/P2 Miriam & Zoé	8	8
9	Trainingslager	9	9	9	9	9	9	9	9 Training	9	9 Training	9
10	Ohne Übernachten	10 Training	10	10 Training	10 Training	10	10 Training	10 Training	10 Training G4 Miriam	10 RG Show	10	10
11	Thun	11	11 Herbstlager	11	11	11 Training	11	11 HV 20:00	11 Frühlingsferien	11	11 Training	11
12	Gotthelf-Halle	12	12 Ohne Übernachten	12 Training	12	12	12 Training	12 Training	12	12 Training	12 Training P1/P2 Miriam & Michelle	12
13	sep. Planung	13 Training	13 Thun	13	13 Training	13 Training	13 Training P3-P6 Melanie & Patricia	13 Training P1/P2 Natascha & Léonie	13	13	13 Auffahrt	13
14		14	14 Gotthelf-Halle	14	14	14	14	14	14	14	14 Training	14
15		15 Training	15 sep. Planung	15 Training	15 Training	15 Training	15 Training	15 Training	15	15 Training P3-P6 Natascha & Patricia	15	15
16	Training	16	16	16	16	16 Video - Bieler Cup Gotthelfhalle Thun	16	16	16	16 2.Quali Jugend / P2, P3, G2	16 Training	16
17		17 Training	17	17 Training	17 Training	17	17 Training	17 Gruppentraining	17	17	17	17
18	Training	18	18 Training	18	18	18 Training	18	18	18	18	18 Training	18
19		19	19	19 Training	19	19	19 Training	19 Training	19	19 Training	19 KM Thun	19
20	Training Miriam abwesend	20 Training	20 Training	20	20 Training	20 Training	20 Ittger Cup	20	20 1.Quali Senior / P4, P5, P6, G1, G3, G4	20	20	20
21		21	21	21	21	21	21	21	21 Le Landeron / Neuchâtel	21	21 Training	21 Kein Training
22		22 Training	22 Training	22 Kein Training	22 Training	22 Training	22 Training	22 Training	22	22 Training G4 Miriam	22	22
23	Training	23	23	23	23	23 Training P3-P6 Tanja & Melanie	23	23	23	23	23 Pflingsten	23 Training
24		24 Training	24	24 Training	24	24	24 Training	24 Training	24	24 1.Quali Jugend / P2, P3, G2	24 Pflingstmontag	24
25	Training	25 Herbstferien	25 Training	25	25	25	25	25	25	25 Cornaux / Neuchâtel	25	25 Training
26		26	26	26 Training	26	26	26 Training	26 Training	26	26 Training	26 Training P3-P6 Miriam	26
27	Training	27	27 Training	27	27	27 Training	27 Training G4 Miriam	27	27	27	27	27 Frühlingcup Biel - Bienne
28		28	28	28	28	28	28	28	28 G3 & G4 Training 18:00-20:00	28	28 Training	28 Ev. Baden (ab 2x Training)
29		29	29 Training	29 Training	29	29	29 Training	29	29	29	29 Langete Cup	29
30	Training	30	30	30	30	30	30	30	30	30	30	30 Cup Biel - Bienne G4 Training alleine
31		31	31	31	31	31	31	31	31	31	31	31
	VP I	VP I	VP II	VP II	WP I	WP I	VP II	WP II	WP II	WP II	WP II	ÜP

Ferien - Feiertage

Wettkämpfe - Shows - Events (Alle Mädchen)

Trainingslager

Normales Training (Siehe Wochenplanung)

ÜP = Übergangsphase

Schulferien Thun

Nationale Wettkämpfe (G3, G4 & R LZ Mädchen)

Spezialtraining (Nationale Gruppen)

Kurse (Trainerinnen abwesend)

VP I / II = Vorbereitungsphase 1 / 2
WP I / II = Wettkampfphase 1 / 2

